

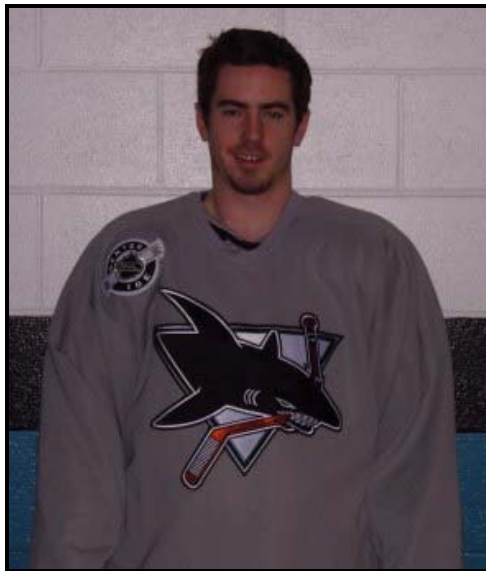
Checking in with...P.J. Fenton!

Escape to sharksahl.com to get away from the summer heat! The fans aren't the only ones missing the hockey season, so the Worcester Sharks have decided to check in weekly in order to keep in touch. Sharksahl.com has decided to check in on some of our favorite players from our favorite AHL team to see what they have been up to since the season ended.

Each week we will be checking in with a different player! Each player will be writing a blog to their fans to tell everyone what each player has been up to. The blog will also describe what their typical day in the off season consists of and what they have planned until the season finally starts up again.

This check in with the players will be a great way to get excited for the upcoming season, so don't forget to check in each week to see what the players have been up to. While the long, hot days of summer continue on, let the Worcester Sharks get you ready for the Worcester Sharks' 2008-2009 season!

This week, forward **P.J. Fenton**, wrote in to his fans. Enjoy the pictures!



Hey Sharks Fans,

P.J. Fenton, checking in on what's going on for the summer. I just got back a few weeks ago from a cruise that went to the Bahamas, Belize, and Mexico. I'm training this summer at EPS in Foxboro, and the trainer there, Brian McDonough, is a great guy. We work out Monday-Friday, skating, lifting, and conditioning. I'm

spending this summer in the Boston area so it makes an easy commute to Foxboro. I just graduated from UMass-Amherst this spring with a degree in marketing, and am excited about the upcoming season which will be my rookie year. I played at the end of the season in Worcester, and got my feet wet in pro hockey. It was a great experience, and I can't wait to get back at it again. Fourth of July is coming up, and I plan on being on Cape Cod with my family. Hopefully all your summers are going well.

- PJ Fenton

